

One on Five

for five players with five basketballs, percussion instruments, and various other balls and materials.

Duration: about 6- 10 minutes, not longer.

Entrance: Dribble from opposite ends of hall to center of performing area.

Suggested Sequence of Events: these events may be ordered freely; add or substitute other events as you please:

1) *Players, facing forward:* 1 2 3 4 5

Start very slow pulse (two-handed dribble) in sequence (1, 2, 3, 4, 5) repeat - gradually pulse in alternating groups (i.e., 1-2-3, 3-4-5) - gradually reach tutti unison (1-5 unison) - gradually accelerate pulse using alternating-handed dribble, then accelerate to low one-handed dribble (tremolo) on one knee - unison ritard to standing position (one-handed) - make quarter turn left while dribbling in steady pulse

2) *In sequence (4, 3, 2), bounce basketball off back of person in front of you (4 off 5, 3 off 4, 2 off 3, tutti continues dribbling at moderate pulse) - 1 dribbles to front of line:*

(facing sideways left) 1 2 3 4 5

(new position) 2 3 4 5 1

Repeat (5 off 1, 4 off 5, 3 off 4)

Continue until everyone is back in original position:

1 2 3 4 5

Variation: 2 does slow bounce pass or rolls ball to himself in new position.

2 3 4 5 1

(new position) 3 4 5 1 2

Repeat (1 off 2, 5 off 1, 4 off 5)

Continue (sim.)