

Key of C Major

Long Rolls to Strengthen Wrists

Scale of C



Also practice rolling each tone for EIGHT counts.

When playing the rolls, practice: (1)  and (2) .

Alternate the mallets. Do not cross the mallets. Practice each exercise starting first with the left mallet and then with the right.


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3



Studies in Sixths

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Combined Thirds and Sixths

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Triplet Study

Sample

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