

I. Paradiddles – in different meters

- = left hand
- = right hand

Adagio - Allegro; pp - ff; cresc. - dim.; accel. - rit.

1

2

3

4

5

6

7

8

9

Listen carefully to the evenness of your hands

I. Controlled soft-loud-soft strokes (hand by hand)

Adagio - Andante

1

2

3

4

5

6

7

Use the same beating spot for all strokes in these exercises



I. Double stroke exercises

Adagio - Moderato; *pp - ff*; *cresc. - dim.*; *accel. - rit.*

1 2 3

4

5

6

7

8

9

10

11

12

13

14

Also work with and without stresses on the beats with exercises like these